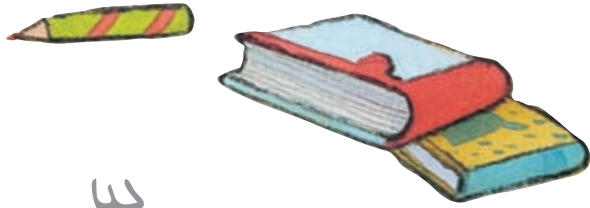


Mom said I had something called ADHD: Attention Deficit Hyperactivity Disorder. The next day my parents took me to see a special doctor. "People with ADHD can't wait their turn or follow rules," he explained. "They forget to finish things." "That's just like me!" I said.

A KIND
OF DISORDER



MOM IS HELPING ME



My Dad put the schedule on the wall at home. There was a note on it. It said that at four o'clock every day I had to play dolls with my little sister. I realized she had written it.

I took off the note. "You are not allowed to write things on my schedule," I told her. "This is no fun for me," she said.

Mom and I cleaned my room and put everything in the right place. I used to lose my things all the time. Now I should always know where they were.





IT BECOMES EASIER

My medicine made it easier
to pay attention and wait my turn.
When I knew the answer,
I remembered to raise my hand first.
“Very good,” my teacher said.
“Now it’s time for recess.”

